



View Online

fresh this week: June 5

FRESH PRODUCE



ALLIUMS

Onions, Green, Spring - 60c/oz
Benson Bounty



BRASSICAS

Bok Choy, Large - \$9.5/head
Wolff Farm

Wolff Farms

Baby Broccoli, Broccolini, Organic - \$8/each

Kale

Wolff Farms

Lacinato (or "Dino"), Organic - \$4/bunch

Red Russian, Organic - \$4/bunch



FRESH FRUIT

Rhubarb - \$5.5/lb
Benson Bounty

Lone Tree Foods

Avocados, Conventional, Not Local (Each) - \$4
Clean 15

Bananas, Conventional, Not Local - \$1.3/lb
Clean 15

Citrus (not local, organic)

Azure Standard

Lemons - \$4.5/lb

Limes - \$7.5/lb

Mandarins - \$3.5/lb



GREENS

Greens, Power Mix, Organic - \$1/oz
mustard greens, bok choy | Meristem Farm Organic

Lettuce Heads, Mini Romaine (Each) - \$4
Robinette Farms

Rainbow Chard - \$1.3/oz
Wolff Farms

Meristem Farm

Arugula, Organic - \$1/oz

ORGANIC Salad Mix, Organic, - \$1.2/oz

Benson Bounty

Collard Greens - 60c/oz

Kale, White Russian, Loose - 70c/oz

Micro Greens

Big Prana Microgreens

Broccoli - \$4.50/oz



GREENS (cont.)

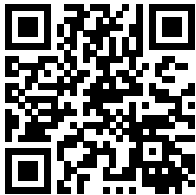
Micro Greens

Big Prana Microgreens

Kale - \$4.5/oz


Kohlrabi, kale, & broccoli microgreens

Pea Shoots - \$3.75/oz



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GREENS (cont.)


Micro Greens

Big Prana Microgreens
Spicy Radish - \$4.5/oz



MUSHROOMS


Morels, PNW Foraged - \$3.7/oz
Pacific Northwest Foraged
Flavor Country Farms
Lions Mane - 90c/oz ****SALE****
Oyster - 80c/oz ****SALE****



POTATOES

Potatoes

ORGANIC Red, Organic - \$3.5/lb
Wolff Farms
Yellow - \$3.5/lb
Pekarek Produce
Yukon Gold - \$2.75/lb
Pekarek's Produce




ROOT VEGETABLES

Ginger, Fresh Root, Organic - 80c/oz
not local | Azure Standard

Radishes

Robinette Farms
ORGANIC Red, Organic - \$4/lb
Red, Organic - \$4.5/bunch




OTHER VEGGIES

Asparagus - \$7.5/bunch
Sunny Seven Farms
Peas, Sugar Snap - 0.9c/oz
Robinette Farm



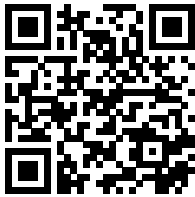
FRESH HERBS AND EXTRAS

Benson Bounty
Apple Mint - \$2/oz
Chives - \$4/oz
Parsley - \$2/oz
exist green
Chamomile - \$5/oz
Dill - \$3/oz
Lemon Balm - \$2/oz



FRESH HERBS AND EXTRAS (cont.)

exist green
Thyme - \$2.5/oz



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DAIRY (LIMITED) & EGGS

note: we also have organic, pasture-raised whole milk powder and egg powders (including a vegan aquafaba version!) in our pantry section

- Goat Milk Cheese, Local - \$1.3-\$1.6/oz
gouda, manchego, blue, cheddar | *Dutch Girl Creamery*
- Prairie Breeze Cheddar - \$1.4/oz
Milton Creamery

Duck Eggs

Organic, - \$9.5/half dozen
Meristem Farm

(Half Dozen) - \$4.25
Sunny Seven Farms

Eggs

Sunny Seven Farms

Large Pasture Raised, Sunny Seven Farms - \$6.5/dozen

Medium, Pasture-Raised, Sunny Seven Farms - \$5.5

FRESH CREATIONS

Fire Cider Tonic - \$1.5/oz
exist green



FROZEN

Banana Chunks, Frozen, Conventional - \$2.5/lb
Clean 15 | Lone Tree Foods

Cherries, Tart, Frozen - \$9.75/lb
contains pits still! | Early Morning Harvest

Rhubarb Pieces, Frozen - \$7.5/lb
Sliced and Frozen in-House | Benson Bounty

Turmeric, Frozen, Organic - \$3/oz
chopped + frozen in-house | Azure Standard