



fresh this week: June 26

# FRESH PRODUCE

## ASK US FOR

Kept fresh in our airtight steel bins, no single-use plastic.

### Greens

- Collard Greens - 60c/oz  
*from Benson Bounty*
- Pea Shoots - \$3.75/oz  
*from Big Prana Microgreens*
- Rainbow Chard - \$1.3/oz  
*from Wolff Farms*
- Salad Mix, Abie Veg - \$4.5/5 oz (90c/oz)  
*from Abie Vegetable*

### Mushrooms

- Lions Mane - \$1.2/oz  
*from Flavor Country Farms*
- Oyster - \$1/oz  
*from Flavor Country Farms*
- Oyster - 80c/oz **\*\*SALE\*\***  
*from Flavor Country Farms*

### Fresh Herbs + Extras

- Apple Mint - \$2/oz  
*from Benson Bounty*
- Basil - \$2/oz  
*from exist green*
- Chamomile - \$5/oz  
*from exist green*
- Dill - \$3/oz  
*from exist green*
- Elderflower - \$1.8/oz  
*from Benson Bounty*
- Lemon Balm - \$2/oz  
*from exist green*
- Parsley - \$2/oz  
*from Benson Bounty*
- Tarragon - \$2/oz  
*from Benson Bounty*
- Wild Bergamot - \$2/oz  
*from Benson Bounty*

### Fresh Creations

- Fire Cider Tonic - \$1.5/oz  
*from exist green*
- Housemade - \$3/oz  
*from exist green*

## ALLIUMS

- Garlic Scapes - 50c/oz  
*from Flavor Country Farm*
- Onions, Spring, White + Red - 60c/oz  
*from Benson Bounty*

## POTATOES

- Potatoes, Yellow - \$3.5/lb  
*from Pekarek Produce*

## OTHER VEGGIES

- Cucumbers, English - \$4/lb  
*from Abie Vegetable*

## FROZEN

- grab + go in small freezer - ask us for refills*
- Banana Chunks, Frozen, Conventional - \$2.5/lb  
*from Lone Tree Foods - Clean 15*
  - Cherries, Tart, Frozen - \$9.75/lb  
*from Early Morning Harvest - contains pits still!*
  - Rhubarb Pieces, Frozen - \$7.5/lb  
*from Benson Bounty - Sliced and Frozen in-House*

## BRASSICAS

- Broccoli - \$8/lb  
*from Abie Vegetable*
- Broccoli, Broccolini **ORGANIC** - \$8/each  
*from Wolff Farms*

## ROOT VEGETABLES

- Beets, Chioggia or Candy Cane - \$3.5/lb  
*from Flavor Country Farm*
- Radishes, Red **ORGANIC** - \$4/lb  
*from Robinette Farms*
- Ginger, Fresh Root **ORGANIC** - 80c/oz  
Not Local
- Turmeric, Fresh Root **ORGANIC** - \$2/oz  
Not Local

## FRESH FRUIT

- Rhubarb - \$5.5/lb  
*from Benson Bounty*
- Avocados, Conventional, Not Local - \$2.5/each  
Clean 15  
*from Lone Tree Foods*
- Bananas, Conventional, Not Local - \$1.5/lb  
Clean 15
- Citrus (not local, ORGANIC)**  
*from Azure Standard*
- Lemons **ORGANIC** - \$4.5/lb
- Limes **ORGANIC** - \$7.5/lb
- Mandarins **ORGANIC** - \$3.5/lb

## CHEESE + EGGS

- grab from small fridge*
- Prairie Breeze Cheddar - \$1.4/oz  
*from Milton Creamery*
  - Duck Eggs**
  - Organic, Pasture-Raised **ORGANIC** - \$9.5/half dozen  
*from Meristem Farm*
  - Pasture-Raised - \$4.25/half dozen  
*from Sunny Seven Farms*
  - Dutch Girl Creamery - Goat Milk Cheese**  
*from Dutch Girl Creamery*
  - dolle-mina-gouda - \$25.6/oz
  - rosa-maria-manchego - \$25.6/oz
  - Chicken Eggs**  
*from Sunny Seven Farms*
  - Large, Pasture-Raised - \$6.5/dozen
  - Medium, Pasture-Raised - \$5.5/dozen